

Dear Prabhuji / Mataji,

I am aware of the standards, commitments and responsibilities of the different levels of Bhakti Steps. I hereby express my desire and intention to practice the sadhana standards of **SRILA PRABHUPADA ASRAYA** to receive the blessings of HDG A.C. Bhaktivedanta Swami Prabhupada and Sri Sri Jagannatha-Baladev-Subhadra.

1. To be dedicated to taking divine shelter of Srila Prabhupada by following the principles of Krishna Consciousness.
2. To practice Krishna Consciousness with strong conviction.
3. To chant a minimum of sixteen rounds of the Hare Krishna Maha-mantra every day.
4. To strictly avoid intoxication including coffee and tea, meat eating including onion and garlic, gambling, mundane cinema, sports and illicit sex.
5. To be well versed in the basics of Krishna conscious philosophy by reading the books of Srila Prabhupada systematically and is actively engaged in preaching (according to his/her capacity) to others about Krishna Consciousness.
6. To do some responsible service (however simple it may be), on a regular basis.
7. To follow a strict sadhana program at home by rising early in the morning and following a program similar to the temple as far as possible.
8. And to attend atleast one Srimad Bhagavatam/Srimad Bhagavad-Gita class every week.

Date :

Name & Signature :

Guided by:

Please provide us the following details:

Telephone (R):

Mother Tongue:

Local Mobile No:

Qualification & Profession:

Home Town Mobile No:

Working for:

Area of residence:

Email ID :

Special Talents:



Sadhana Questionnaire for Srila Prabhupada Asraya

Please answer this questionnaire and attach along with Bhakti Step Application.
(please attach additional sheets, if required).

NAME: _____

DATE: _____

1. In a month, how many Satsanga program do you attend & share your experience?

A. _____

2. In a month, how many Bhagavad Gita classes do you attend & share your experience?

A. _____

3. In a month, how many Bhagavatam classes do you attend & share your experience?

A. _____

4. Are you chanting regularly at-least Sixteen Rounds or more of the Hare Krishna mahamantra every day? Share your experience

A. _____

5. How long does it take to chant your rounds, when and where do you do most of them?

A. _____

6. List all the books of Srila Prabhupada that you have read cover to cover.

- Ensure reading of Srila Prabhupada Biography at the earliest (abridged version)

i.	ii.
iii.	iv.
v.	vi.
vii.	viii.

7. I have been vegetarian

a. All my life

b. For the past _____ years

c. For the past _____ months

d. For the past _____ days

8. I do not consume any type of intoxication (alcohol/smoking/drugs)

a. All my life

b. For the past _____ years

c. For the past _____ months

d. For the past _____ days



9. Which of the following deities / pictures do you worship on your altar?

a. Radha-Krishna

b. Jagannatha Baladeva Subhadra

c. Pancha-Tattva/Gaur Nitai

d. Srila Prabhupada

List others, if any:

e. _____ f. _____

g. _____ h. _____

9. According to the sastras, how does one see women other than one's wife?

A. _____

10. What are the forbidden food items on Ekadasi day?

A. _____

11. What time do you rise in the morning?

A. _____

12. Who is a bonafide Guru, give reference from Bhagavad Gita?

A. _____

13. What is the unique position of Srila Prabhupada in ISKCON?

A. _____

14. Why do we follow the four regulative principles?

A. _____



15. Explain the difference between the body and the self, give reference from Bhagavad Gita??

A. _____

16. What are the Bhagavad-Gita's instructions with regard to the proper manner of approaching a bonafide spiritual master?

A. _____

17. Confirm your commitment to avoid the following - If any difficulty share the reasons

a. Onion/Garlic YES/NO If no, why _____

b. Cinema/TV YES/NO If no, why _____

c. Coffee/Tea YES/NO If no, why _____

d. Cakes/Ice-cream YES/NO If no, why _____

e. Restaurants YES/NO If no, why _____

18. Describe your service connected to Krishna on a regular basis.

A. _____

19. Please write the following:

a. Srila Prabhupada pranama Mantra:

A. _____

b. Pancha Tattva pranama mantra:

A. _____

20. Describe the process of offering food-stuffs to the Lord. What mantras do you chant?

A. _____

