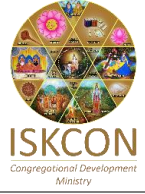




## BHAKTI STEP APPLICATION KRISHNA (GAURA) SADHAKA



Dear Prabhuji / Mataji

I am aware of the standards, commitments, and responsibilities of the different levels of Bhakti Steps. I hereby express my desire and intention to practice the sadhana standards of **KRISHNA (GAURA) SADHAKA** to receive the blessings of HDG A.C. Bhaktivedanta Swami Prabhupada and Sri Sri Jagannatha-Baladev-Subhadra.

1. To be dedicated to leading a devotional way of life, by gradually learning and practicing Bhakti-yoga, according to the teachings of Srila Prabhupada under the guidance of his representatives.
2. To study the books of Srila Prabhupada and attend the classes as often as possible (atleast the weekend Bhagavad-Gita class every week)
3. To worship Lord Krishna, as far as practical in the home, by setting up an altar, offering arati and foodstuffs, worshipping the sacred Tulasi plant and following basic sadhana like rising up early in the morning.
4. To chant eight to sixteen rounds of the Hare Krishna Maha-mantra every day.
5. To lead a pure holy life by refraining from meat eating (including fish & eggs), intoxication (alcoholic drinks & smoking), gambling and illicit sexual activity
6. To observe fasting on the Ekadasi and festival days as indicated in the Vaisnava calendar.

Date :

Name & Signature :

Guided by:

### **Please provide us the following details:**

Telephone (R):

Mother Tongue:

Local Mobile No:

Qualification & Profession:

Home Town Mobile No:

Special Talents:

Area of residence:

Email ID :

Special Talents:

# Sadhana Questionnaire for Krishna (Gaura) Sadhaka

Please answer this questionnaire and attach along with Bhakti Step Application  
(Please attach additional sheets, if required)

NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

1. In a month, how many Satsanga program do you attend & share your experience?

A. \_\_\_\_\_

2. In a month, how many Bhagavad Gita classes do you attend & share your experience?

A. \_\_\_\_\_

3. In a month, how many Bhagavatam classes do you attend & share your experience?

A. \_\_\_\_\_

4. Are you chanting regularly at-least Eight Rounds or more of the Hare Krishna maha-mantra every day? Share your experience

A. \_\_\_\_\_

5. How long does it take to chant your rounds, when and where do you do most of them?

A. \_\_\_\_\_

6. List all the books of Srila Prabhupada that you have read cover to cover.

i.	ii.
iii.	iv.
v.	vi.

7. I have been vegetarian

a. All my life

b. For the past \_\_\_\_\_ years

c. For the past \_\_\_\_\_ months

d. For the past \_\_\_\_\_ days

8. I do not consume any type of intoxication (alcohol/smoking/drugs)

a. All my life

b. For the past \_\_\_\_\_ years

c. For the past \_\_\_\_\_ months

d. For the past \_\_\_\_\_ days

9. Which of the following deities/pictures do you worship on your altar?

a. Radha-Krishna

b. Jagannatha Baladeva Subhadra

c. Pancha-Tattva/Gaur Nitai

d. Srila Prabhupada

List others, if any:

e. \_\_\_\_\_ f. \_\_\_\_\_

g. \_\_\_\_\_ h. \_\_\_\_\_

10. According to the sastras, how does one see women other than one's wife?

A. \_\_\_\_\_

11. What are the forbidden food items on Ekadasi day?

A. \_\_\_\_\_

12. What time do you rise in the morning?

A. \_\_\_\_\_

13. Describe the process of offering food-stuffs to the Lord. What mantras do you chant?

A. \_\_\_\_\_